

Class Schedule for 2023 "Hope and Healing in Christ" Workshop

Saturday, March 11, 2023

Time	Mental Wellness (2nd Half of Gym)	Addiction Recovery (1st Half of Gym)	Family Support (Relief Society)	Leadership Support (Chapel)
	General Session in the Chapel			
	Speaker: Kurt Francom, Founder & Executive Director of Leading Saints: "How Does Doctrine Help Us Overcome?"			
	Special Music Performances: Nicole Ahlstrom, "Cleanse You"; Men's Choir, "Healer," directed by Lisa Waters			
9:00 - 10:15 AM				R

L = Live and In-Person R = Recorded, Live, & In-Person All other sessions are In-Person Only